

Siegerliste aller Malbergläufe

| Männer | | | | | |
|---|-------------------------------|-----------|-------------|--------------------------------|------------------|
| 2000 | Kümpel, Jochen | 66 | M 30 | SV Blau-Gelb Dernau | 24:04 min |
| 2001 | Sülzen, Marc | 71 | M 30 | LG Rhein-Wied | 23:12 min |
| 2002 | Fuchs, Karl-Heinz | 62 | M 40 | LG Rhein-Wied | 24:15 Min |
| 2003 | Kiprono Keter, Joseah | 84 | MJA | LG Bonn/Troisdorf/Niederkassel | 23:12 min |
| 2003* | Mansilha, Sergio Paulo | 71 | M 30 | LC Euskirchen | 22:09 min |
| 2004 | Krischer, Siegfried | 68 | M 35 | TSV Bayer 04 Leverkusen | 23:38 min |
| 2005 | Lutz, Christoph | 75 | M 30 | BBC Lahnstein | 25:08 min |
| 2006 | Knopp, Andreas | 81 | M | TV Eitelborn | 23:56 min |
| 2007 | Weiser, Daniel | 76 | M 30 | LAZ Puma Troisdorf/Siegburg | 23:49 min |
| ab 2008 neue Strecke: 6 km /360 m HD | | | | | |
| 2008 | Schneider, Torsten | 72 | M 35 | LAZ Puma Troisdorf/Siegburg | 25:56 min |
| 2008* | Schwiegelsohn, Flynn | 88 | M | LG Olympia Dortmund | 22:57 min |
| 2009 | Kuhn, Jan Matthis | 87 | M | LC Diabü Eschenburg | 22:52 min |
| 2010 | Hoffmann, Tobias | 79 | M 30 | LG Laacher See | 23:54 min |
| 2011 | Weiser, Daniel | 76 | M 35 | 7G runergy Laufteam | 24:15 min |
| 2012 | Weiser, Daniel | 76 | M 35 | 7G runergy Laufteam | 24:07 min |
| 2013 | Dally, Tim | 85 | M 20 | TuS Deuz | 24:21 min |
| 2014 | Hailu Atey, Yohannes | 91 | M 20 | TuS Deuz | 24:18 min |
| 2015 | Spietersbach, Marek | 95 | M 20 | LG Lahn-Aar-Esterau | 25:21 min |
| 2016 | Schreiner, Christian | 86 | M30 | LAZ Puma Rhein-Sieg | 24:11 min |
| 2017 | Fsehatsion, Semere | 83 | M 30 | LG Rhein-Wied | 24:38 min |

| Frauen | | | | | |
|---|-----------------------|-----------|-------------|-------------------------|------------------|
| 2000 | Ehman, Rita | 67 | W 30 | LG Maifeld-Pellenz | 26:16 min |
| 2001 | Streithoff, Doris | 62 | W 35 | LT Siebengebirge | 29:08 min |
| 2002 | Knopp, Anja | 67 | W 35 | LG Rhein-Wied | 29:00 min |
| 2003 | Pesch, Tanja | 77 | W | TG Aachen | 29:33 min |
| 2003* | Lange, Peggy | 73 | W 30 | TuS Sythen | 26:06 min |
| 2004 | Lennartz, Birgit | 65 | W 35 | LLG St. Augustin | 27:35 min |
| 2005 | Knopp, Anja | 67 | W 35 | LG Rhein-Wied | 30:30 min |
| 2006 | Walter, Iris | 67 | W 35 | TV 1848 Meisenheim | 28:42 min |
| 2007 | Lennartz, Birgit | 65 | W 40 | LLG St. Augustin | 29:12 min |
| ab 2008 neue Strecke: 6 km /360 m HD | | | | | |
| 2008 | Lennartz, Birgit | 64 | W 40 | LLG St. Augustin | 29:36 min |
| 2008* | Lennartz, Birgit | 64 | W 40 | LLG St. Augustin | 29:06 min |
| 2009 | Fiedler, Lisa | 90 | WJA | LC Diabü Eschenburg | 29:21 min |
| 2010 | Coenen, Nora | 91 | WJA | LAV Habbelrath-Grefrath | 28:44 min |
| 2011 | Coenen, Nora | 91 | W 20 | TSV Krofdorf-Gleiberg | 28:55 min |
| 2012 | Kunz, Nina | 81 | W 30 | 7G runergy Laufteam | 27:46 min |
| 2013 | Günther, Marlen | 83 | W 30 | LAZ Puma Rhein-Sieg | 28:29 min |
| 2014 | Günther, Marlen | 83 | W 30 | LAZ Puma Rhein-Sieg | 28:37 min |
| 2015 | Kistner, Sarah | 97 | WU20 | MTV Kronberg | 26:10 min |
| 2016 | Blaise-Sohnius, Adele | 85 | W30 | LAZ Puma Rhein-Sieg | 28:24 min |
| 2017 | Duck, Sabine | 86 | W 30 | LT Ennert | 28:58 min |

| | |
|--------------|---|
| 2003* | westdeutscher Berglauf-Meisterschaften |
| 2008* | westdeutscher Berglauf-Meisterschaften |